MAY 2020 Menu

Miami Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes: Miami Senior Center 506 Live Oak Street Miami, Arizona 85539 928-473-4190					1	2
The Miami Senior Center cannot deliver home bound meals without authorization from case manager. Many people believe that they just have to call					Chicken Fried Steak w/Roll	
the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens. 1-800-293-9393. Miami Senior Center complies					Mashed Potatoes	
with provisions of the ADA and Civil Rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, orgin or gender.					Green Beans	
Suggested Donations: Home Delivered Meals \$2.00 and Congregate Meals \$2.00					Applesauce	
					1% Milk	
3	4	5	6	7	8	9
	Ham & Cheese Sandwich	Chili Dog	Salisbury Steak w/Roll	Spaghetti w/Meat Sauce	Honey Mustard Chicken	
	w/Lettuce	Corn	Mashed Potatoes	Italian Veggies	Baked Potato	
	Macaroni Salad	Banana	Green Beans	Pears	Baked Beans	
	Peaches	1% Milk	Apple	Wheat Roll	Mandarin Oranges	
	1% Milk		1% Milk	1% Milk	1% Milk	
10	11	12	13	14	15	16
HAPPY	Crab Salad w/Crackers	Chicken Picadillo	Pork w/Sweet n Sour Sauce	Beef Pot Pie	Cranberry Chicken w/Yams	***
MOTHERS	Spinach Salad	Corn Tortilla	Cauliflower & Broccoli	Asparagus	Green Bean Casserole	
DAY	Pineapple	Pinto Beans	Calico Rice	Fruit Crisp	Apple Stuffing	三大
- B	1% Milk	Chuckwagon Corn	Apple	1% Milk	Fruit Cocktail	*Armed Forces Day
and the second		1% Milk	1% Milk		1% Milk	
17	18	19	20	21	22	23
	Taco Salad w/Black Beans	Chili Beans w/Turkey	Baked Ham w/Yams	Baked Chicken	Chicken Fried Steak w/Roll	
	Tomato, Corn Chips	Corn & Baked Potato	Monte Carlo Veggies	Cream of Broccoli Soup	Mashed Potatoes	
	Yellow Rice	Cornbread	Wheat Bread or Roll	Calico Rice & Carrots	Green Beans	
	Choco Pudding w/Bananas		Pineapple	Apple Crisp	Applesauce	
	1% Milk	1% Milk	1% Milk	1% Milk	1% Millk	
24	25 Memorial Day	26	27	29	29	30
	Ham Salad w/Crackers	Garlic/Mushroom Chicken	Italian Sausage Pasta	Sweet & Sour Chicken	Cheeseburger Pie w/Fries	
	Black Bean & Corn Salad	Rice w/Broccoli	Italian Veggies	Japanese Veggies	Pork n Beans	
	Garden Salad	Carrots	Garlic Bread	White Rice	Apricots	
	Pears	Ambrosia Salad	Peaches	Mandarin Oranges	1% Milk	
	1% Milk	1% Milk	1% Milk	1% Milk		
31 MONDAY, MAY 25TH - MEMORIAL DAY						
	MEMORIAL DAY					